**INTERVENTION GROUP – MEALS LOG**

Date and Time of First Meal: \_\_\_/\_\_\_\_/\_\_\_\_\_ \_\_\_\_\_: \_\_\_\_\_

**For the patient who is eating:**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Date** | **Time** | **Meal**B = BreakfastL = LunchD = Dinner(circle one) | **Percent of food eaten** (circle one)No entry = none/nearly none30 = partial consumption60 = all/nearly all consumption | **SQ Insulin Dose Given** (\*give 20 mins after start of meal – dose determined by GlucoStabilizer) | **Nurse Initials** |
|  |  | **B L D** | **No Entry 30 60** | **units** |  |
|  |  | **B L D** | **No Entry 30 60** | **units** |  |
|  |  | **B L D** | **No Entry 30 60** | **units** |  |
|  |  | **B L D** | **No Entry 30 60** | **units** |  |
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|  |  | **B L D** | **No Entry 30 60** | **units** |  |

\*Meal insulin is given **20 minutes after** starting three daily meals (breakfast, lunch, and dinner) or bolus tube feedings, if subject still eating estimate final consumption and give meal insulin.

**\***Meal insulin is rapid acting analog and dosing is determined by GlucoStabilizer

* If they ate none or nearly none. **DO NOT make GlucoStabilizer entry** and give **NO insulin**.
* Input **30 grams** for **partial consumption.**
* Input **60 grams** for **all or nearly all** **consumption.**

\*SQ Saline is **ONLY** given to patients who are **NPO Status** or continuous tube feeds at 09:00 AM and 21:00 PM

***\*\*Please remember to chart in Medical Record the amount of meal insulin given or amount of SQ saline given. \*\****