Nationwide Children's Hospital ESETT Simulations

ESETT Investigator Meeting March 2017

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Simulation Framework

- Run "in situ" in collaboration with ED Nurse Education Leadership
 - Scheduled to engage each shift
 - RN Education "credit"
- When the ED is at low volume
 - Initiated by calling a "Mock Seizure Alert"
 - "Vocera" call to all staff on-duty (physicians, nurses, medics, pharmacists and others) to a specific room in the ED



Simulation Framework

- We work in real time, using the trauma clock as a marker:
 - High fidelity mannequin
 - Brief, real-life, <u>varied</u> scenarios
 - Synergy with clinical training and SE QI
- Interactive Q&A / debriefing
- Follow-up summary and thank you email



Simulation Numbers

- 11 simulations (10/12/2015 Present)
- 82 attendees, including:
 - 31 RNs
 - 15 Researcher Team Members
 - 12 Physicians
 - 11 Other*
 - 10 Pharmacists
 - 3 Respiratory Therapists

*Includes medics, patient transportation, unit clerks, etc.

















Impact

- Increases research visibility in the ED
- Reviews knowledge of ESETT inclusion/exclusion as well as best practices
- Allows for questions to be answered in real time
 - This has helped us tailor our training and processes
- Provider awareness of the ESETT study
 - Those attending simulations are more likely to call the research team if a seizing patient presents in the ED



Lesson Learned

- Outstanding team building
- Excellent synergy
- Sims feel like "geologic time" ~awkward?
- Not all that time consuming
- Thus far, not traction for seizure alerts...
- Metrics may be useful



Amazing Team

- Melanie Martin, RN, MS
- ED Trauma Nurse Leaders
- EM Attendings/Fellows
- Jill Blind, PharmD, RPh
- Nicole McLeod, PharmD, RPh
- Matthew Sapko, PharmD, MS
- Andrew McClain, RPh
- Kim Shipp, PharmD, BCPS, BCPPS
- Jenny Mason, PharmD, BCPPS

- EM Research Team
- Cindy Lin, BS
- Patricia Capone, BS
- Amber Kihm, BS
- Kelsey Ryan, BS
- Jessica Saunders, BA, MACPR
- Erin Fisher Kenny, BFA



Questions?





ESETT Nurse Checklist

- Start timer on the wall as soon as actively seizing patient arrives to the room
- Verify that patient is between 2 and 17 years
- Check for an opt-out bracelet. Verify opt-out in 'ESETT box' or in chart on Epic:
 - o Snapshot→Specialty Comments
- Call pharmacy to the room: Ask pharmacist to bring the 'ESETT box' for a seizing patient
 - If pharmacist is not present, get the 'ESETT box' from the Green Med Room refrigerator.
- Verify Inclusion/Exclusion criteria
- Med administration:

0

- o Confirm the study drug number printed on the label of the vial
- If pharmacist is not present, calculate weight-based infusion rate from dose administration chart
- Give medication via syringe using a med infusion pump over 10 minutes. Depending on the size of the dose, drug may be split equally between 2 syringes and **both must be given**. The infusion pump will need to be self-programmed: Program for volume over time
- If pharmacist is not present, start ESETT iPod as soon as medication is administered
- o Document 'study med' in the MAR
- After the 10 minutes of infusion, discontinue drug
- Monitor patient for 10 more minutes prior to using alternate therapy
- Chart in Epic

ESETT Patient/Questions: Please Vocera "ED Research Coordinator" or call a site investigator.

ESETT HOTLINE: 1-855-ESETT-PI (373-8874) for un-blinding emergencies (if iPOD is unavailable/malfunctions)



ESETT Note

".ID" who was enrolled in ESETT for established status epilepticus. Adequate benzodiazepines were given. The patient did not have an opt-out bracelet and was not on the opt-out lists. The patient met inclusion/exclusion criteria.

At 20 minutes post start of study drug:

There
(1) There
(2) The patient
(2) The patient
(3) The patient
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At 60 minutes post start of study drug:

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Richmond Agitation-Sedation Scale at 60 minutes: <<>>> RASS: <<+4, +3, +2, +1, 0, -1 -2, -3, -4, -5>>. (See below for scale)

ESETT Study Medication:

Estimated .weight at time of infusion: << >> kgs Start Time of ESETT Medication: *** End Time of ESETT Medication: *** The total infusion volume was << >> mls. The study drug infusion rate was << >> mL/hr.

Additional anti-epileptic drugs <<were/were not>> received before study completion at 60 minutes. See MAR for further details.

Safety Monitoring:

Intubation required during enrollment: {Y/N 17494} Anaphylaxis experienced during enrollment: {Y/N 17494} Hypotension experienced during enrollment: {Y/N 17494}

RASS Scale:

RICHMOND AGITATION SEDATION SCALE (circle score)



Score	Term	Description
+4	Combative	Overtly combative, violent, immediate danger to staff
+3	Very agitated	Pulls or removes tube(s) or catheter(s); aggressive
+2	Agitated	Frequent non-purposeful movement, fights ventilator
+1	Restless	Anxious but movements not aggressive vigorous
0	Alert and calm	
-1	Drowsy	Not fully alert, but has sustained awakening (eye-opening/eye contact) to voice (>10 seconds)
-2	Light sedation	Briefly awakens with eye contact to voice (<10 seconds)
-3	Moderate sedation	Movement or eye opening to voice (but no eye contact)
-4	Deep sedation	No response to voice, but movement or eye opening to physical stimulation
-5	Unarousable	No response to voice or physical stimulation



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