

# ESETT EEG ANCILLARY STUDY

---

September 18, 2015

John Betjemann, MD

Brian Litt, MD

# Outline

- Significance/Purpose
- Study Overview
- Specific Aims
- Study Equipment
  - Jordan BraiNet
  - RhythmLink Disposable PressOn™ electrodes
- Study Approach
- Challenges
- Sample Set-up and EEG

# Significance/Purpose

- Emergent EEG (eEEG) would allow for early identification of SE
- Early treatment is key to avoiding pharmacoresistance
- A feasible system for eEEG in the ED could usher in a new standard of care for SE and help define a new era in SE treatment

# Ancillary EEG Study Overview

- Subset of ESETT patients
- Validate ESETT primary outcome:
  - Clinical cessation of seizures
  - Important patient-oriented outcome but how prevalent are misclassification errors?
- EEG is gold standard for determining seizure cessation
  - Is eEEG practical?
  - Should it be used for all urgent patients?

- **AIM 1:** To characterize the operational parameters of obtaining an eEEG, applied by a non-EEG technologist, among patients with SE in the ED within sufficient time to evaluate immediate therapeutic outcomes.
- **This requires**
  - Trained, available non-EEG techs
  - Foolproof technical setup
  - No interference with clinical care
  - Quick data quality check

- **AIM 2:** To determine the inter-rater agreement for the presence or absence of electrographic SE, and the time of seizure cessation, from an eEEG collected within 60 minutes of enrollment in ESETT, using a rapid and quantitatively implementable scoring system on a cloud-based EEG platform.
- **This requires**
  - Consensus definition of SE
  - Quantifiable, reproducible
  - Assessable with statistics

- **Aim 3:** To characterize the concordance of clinical and electrographic outcomes in ESETT participants and to qualitatively and quantitatively describe discordant clinical scenarios

# EEG Equipment/Set-up

- All equipment is FDA approved
- Jordan Neuroscience BraiNet<sup>®</sup>
  - Pediatric and adult sizes
  - Full international 10/20 system
    - 19 recording electrodes, ground and reference





# EEG Equipment/Set-up

- RhythmLink Disposable PressOn™ electrodes
  - Subdermal
  - Minimize infection risk



# Approach: Aim 1 Feasibility

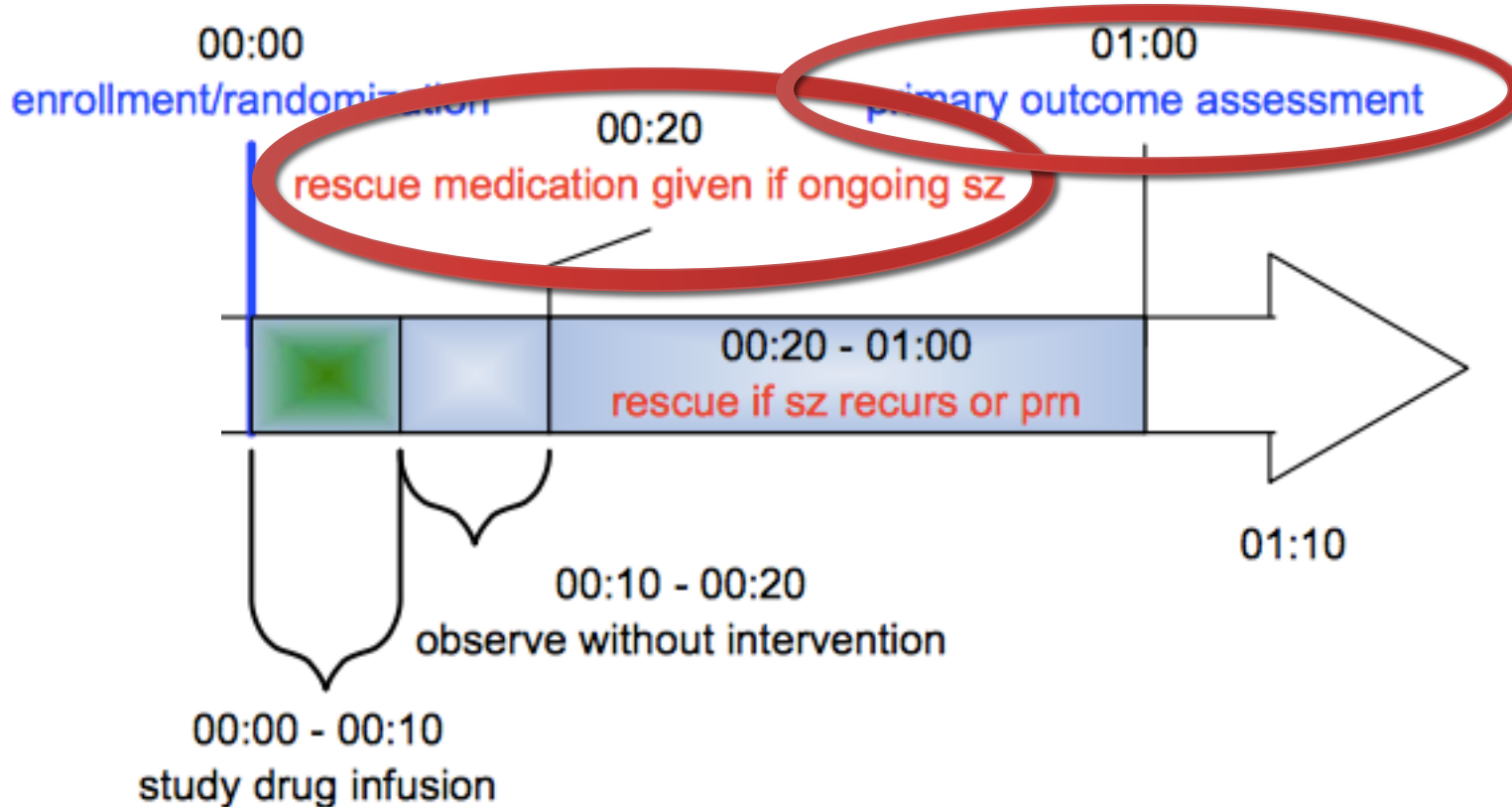
- **Study personnel**
  - Will **NOT** have prior EEG experience
  - Standardized training: in person, video
- **Study population**
  - Inclusion
    - ESETT pt not at their baseline mental status
  - Exclusion
    - Returned to baseline mental status
    - Recent (6 months) skull defect
    - Extensive scalp infection/wound precluding electrode placement

# Approach: Aim 1

- **Consent**
  - Similar to ESETT patients will be unable to provide consent
  - Anticipate either
    - surrogate consent or
    - waiver of consent initially with delayed consent to use data

# Approach: Aim 1

- Timing of EEG



# Approach: Aim 1

- **Primary outcome: Feasibility**
  - **Time sensitive**
    - Series of time points detailing EEG hookup process
  - **Quality**
    - # of electrodes dislodged
    - Signal to noise ratio of 3:1
    - Questionnaire for expert EEG reviewers
  - **Interference with clinical care**
    - Post-EEG questionnaire for primary nurse and physician
    - Was EEG disconnected early

## Approach: Aim 2 IRR

- EEGs will be reviewed at a later date
  - Panel of 3-5 “expert” reviewers
- IRR for EEG interpretation quite variable
- Proposed Likert Scale
  1. Definite SE on EEG
  2. Likely SE (would treat further)
  3. Likely not SE (would not treat further)
  4. Definitely not SE
    - Did the EEG improve over time?

# Approach: Aim 2

- **Salzburg Consensus Criteria and ACNS**

- Patients without preexisting epileptic encephalopathy

1. Epileptiform discharges (EDs)  $>2.5$  Hz
2. Spatiotemporal evolution of either
  - a) EDs  $<2.5$  Hz or
  - b) Rhythmic activity ( $\leq 4$  Hz)
3. Subtle ictal clinical phenomena with
  - a) EDs  $<2.5$  Hz or
  - b) Rhythmic activity ( $\leq 4$  Hz)
4. If 1-3 not fulfilled, would need to document electrographic response to AEDs

# Approach: Aim 3 Concordance

- Qualitatively and quantitatively describe the scenarios

		EEG		
		No electrographic seizures	Electrographic Seizures	Total
E S E T T	Clinical SE cessation			
	Ongoing SE			
	Total			



# Challenges

- **Aim 1**
  - How many sites to involve
  - Who will be doing the EEGs at each site
  - Timing of EEG initiation
  - Assessing/determining return to baseline mental status as an exclusion criteria
  - Defining an interruption in standard clinical care
- **Aim 2**
  - Definition of electrographic seizure and SE
  - Not differentiating between seizures and SE electrographically
  - How to deal with patients with preexisting epileptic encephalopathy
  - How much can we rely on having clinical data for our definition of SE
  - Salzburg Consensus Criteria
    - “for research purposes, patient qualifies for NCSE if EEG and/or clinical **improvement** is documented, provided the clinical context is also in concordance with that”
- **Aim 3**
  - How valid is concordance if we are not studying the entire ESETT population

# Sample Set-up

