

# DEVELOPING A STATISTICAL PLAN FOR “SAFETY”

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# STUDY DOCUMENTS THAT LOOK AT SAFETY

- Safety Monitoring Plan

- Formal plan pre-specifying what interim data are to be monitored, by who, and how it will be monitored
- Considers potential risks and benefits for participants
- Collection and reporting of AEs, SAEs, Unanticipated Problems, etc.
- Considers protection against study risks, i.e. high risk items
- Specifies what data will be monitored (endpoints, AEs, labs, etc.)
- Specifies who will be monitoring what data (site monitor, DSMB, centralized monitoring)
- Specifies timing of data monitoring and frequency of reviews

# STUDY DOCUMENTS THAT LOOK AT SAFETY

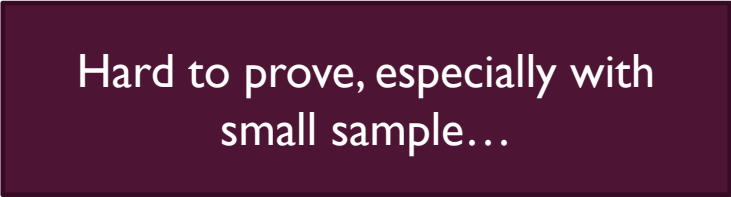
- Statistical Analysis Plan
  - Formal plan pre-specifying all analyses to be conducted for a study
  - Specifies interim data monitoring for the DSMB
  - Specifies timing of all interim analyses and frequency of reviews
  - Specifies criteria that will guide early termination (i.e. stopping rules)
  - Specifies expected adverse event or safety event rates

# SPECIFIC AIMS



Clinical Equipoise??

1. To **demonstrate** that MYDRUG is better than control at improving outcome
2. To demonstrate that MYDRUG is **safe**



Hard to prove, especially with small sample...

## WHAT IS WRONG WITH THESE SPECIFIC AIMS?

- Hard to prove drug is “safe”
  - If we have insufficient evidence to reject the null hypothesis of “my drug is safe” then this does not prove that it is safe
  - “No safety concerns were identified.”

# SAFETY HYPOTHESES

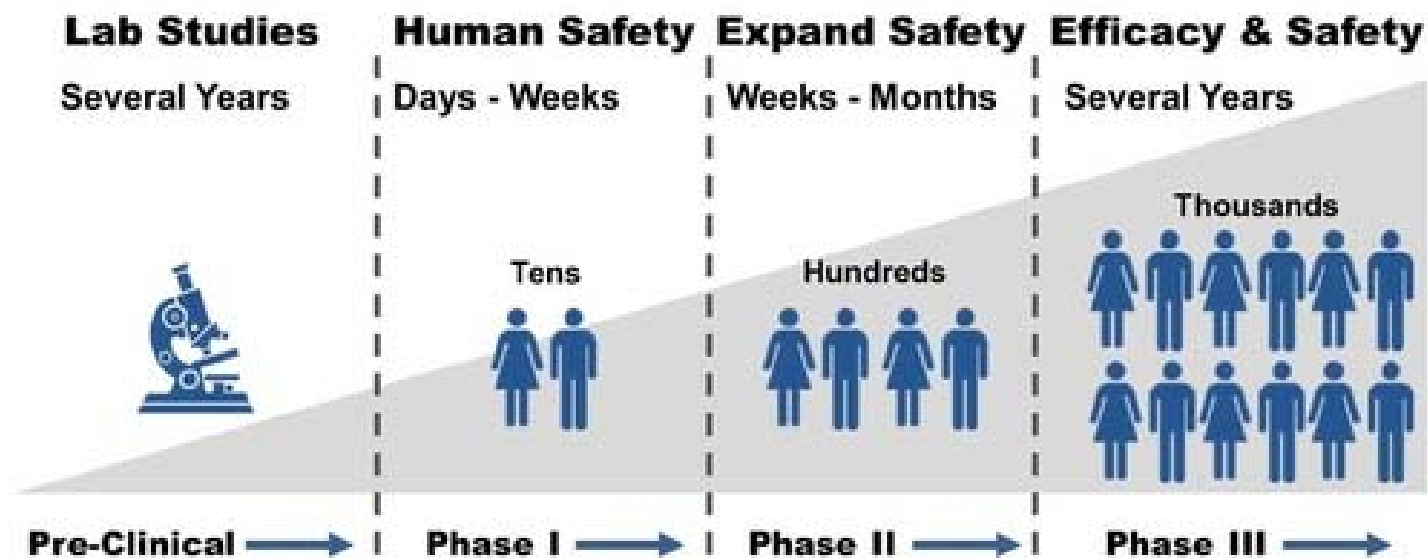
- Specific Aims/Objectives need to state the outcome/endpoint (*what you are measuring, be specific*)
- “Safety” is not an outcome – Focus “identify harms”, not “prove safety”.
- Most trials are not designed to detect differences in safety outcomes between groups because sample size based on efficacy
- Commonly, not enough power to detect rare adverse events



# SAFETY THROUGH THE LIFE CYCLE OF THE DRUG DEVELOPMENT

- Assessment of safety is ongoing, not just a Phase I or Phase II trial objective
- Phase IV trials/ post-marketing surveillance monitor safety concerns
- Sometimes safety concerns are not detected until drug comes to market

## Phases of a Clinical Trial



# SAFETY AIM: IDENTIFY IF INTERVENTION HARMFUL

1. Anticipate potential harms
2. Define a Primary Safety Outcome (composite of several potential events if appropriate)
3. Determine Expected Rates (drug/control group) and what is a Clinically worrisome increase
4. What other statistical questions do I need to answer?



WHAT ARE THE HARMS??



**WARNING**

# HOW MUCH DO WE ALREADY KNOW? (DIG DEEP)

- New medicinal product or a marketed product
- Early, middle, or late stage trial?
- What is target/Mechanism of Action?
  
- Based on this information, are there events that we can anticipate or expect?



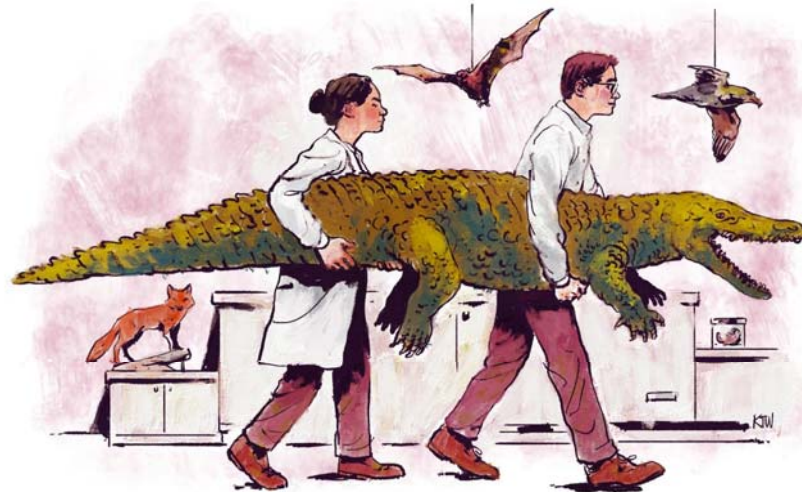
## KNOW WHAT IS EXPECTED?

**Be mindful of what is expected due to drug/device versus what is expected with the disease that you are studying**



# KNOW WHAT IS EXPECTED WITH THE CONTROL GROUP

- If you expect an event based on mechanism of action, but have no idea what rate then.....
- Use epidemiological or natural history data to determine anticipated rate in the control group
- Control group from another study of similar patients





# DEFINING THE PRIMARY SAFETY OUTCOME

# ADVERSE EVENT REPORTS

- “any untoward medical occurrence associated with the use of a drug in humans, whether or not considered drug related”\*
- Collection of AEs is passive,
  - *What unusual symptoms or medical problems have you experienced since last visit....*

\*[21 CFR 312.32 (a)]

# ADVERSE EVENTS

- Record all events after randomization regardless of relatedness
- Centrally coded (MedDRA)
- Coded AEs can be grouped by
  - Body System(SOC) → Preferred Term (PT)
- Cumulative occurrence rate by treatment group reported to DSMB

# AES BY SEVERITY

## Adverse Events by Body System, Preferred Term, and Severity

Body System	MedDRA Preferred Term	A			B			C			Total A	Total B	Total C	A % of Subj	B % of Subj	C % of Subj
		Severe	Moderate	Mild	Severe	Moderate	Mild	Severe	Moderate	Mild						
Blood and lymphatic system disorders	Anaemia	0	1	1	0	0	3	0	0	0	2	3	0	2.9%	4.7%	0
	Thrombocytopenia	0	0	1	0	1	0	0	0	0	1	1	0	1.5%	1.6%	0
Cardiac disorders	Atrial fibrillation	0	0	0	0	0	0	0	1	0	0	0	1	0	0	1.6%
	Atrial flutter	0	1	0	0	0	0	0	0	0	1	0	0	1.5%	0	0
Ear and Labyrinth Disorders	Tinnitus	0	0	0	0	1	0	0	0	1	0	1	1	0	1.6%	1.6%
	Vertigo	0	0	0	0	0	0	0	1	0	0	0	1	0	0	1.6%
Endocrine disorders	Hypothyroidism	0	2	0	0	0	0	0	0	0	2	0	0	2.9%	0	0
Gastrointestinal disorders	Abdominal discomfort	0	0	0	0	0	0	0	0	1	0	0	1	0	0	1.6%
	Abdominal pain	0	0	0	0	0	1	0	0	0	0	1	0	0	1.6%	0
	Constipation	0	0	1	0	0	3	0	0	5	1	3	5	1.5%	4.7%	7.9%
	Diarrhoea	0	1	6	0	1	2	0	0	3	7	3	3	10%	4.7%	4.8%
	Dyspepsia	0	0	1	0	0	0	0	0	0	1	0	0	1.5%	0	0



# ISSUES WITH MEDDRA CODES

- A single event may get reported as individual symptoms and signs (multiple AEs)
- Body System—too broad to identify a safety signal
- Preferred Term –similar events get grouped into different PT and SOC
  - “pulmonary edema” → Respiratory SOC
  - “heart failure” → Cardiovascular SOC
- Hard to detect safety issues!



# “GROUP” SAFETY EVENTS

- Example: pneumonia, bronchopneumonia, pneumocytosis, respiratory illness, respiratory disease
- Be consistent with data collection
  - Make sure to consistently report the diagnosis (not signs and symptoms)
- Use Composites
  - Group major safety events so that the signal is not diluted.
  - Group efficacy and safety outcomes to look at the global effect of the treatment
- Group “near” terms



## PROSPECTIVELY COLLECT

- If you specifically ask about it, you will get better ascertainment than recall
- Only possible for anticipated or expected events (not rare, unexpected)
- “Cleaner” data
- A well-defined prospective definition is better than a central adjudication team
  - Only as good as what gets initially reported.



WHAT DO WE EXPECT AND WHAT IS TOO MUCH??

# HOW MUCH CAN THE RATE INCREASE?

- Given expected rate, what increase in the event rate would be medically concerning?
- Relative risk of 3 or more or some other criteria based on the statistical distribution??
- Use this to define your safety analyses.



# STOPPING RULES

- Decide if formal stopping rules for safety are needed
  - Expected AE (3% sICH), know increase that would be concerning (6% sICH)
- State in advance
- Rules are guidelines: stopping is not mandatory
- Monitoring requires a combination of statistical and clinical insights
- Stop if interim data suggest trial poses an unreasonable risk to participants

## PROBABILITY OF OBSERVING THIS MANY EVENTS GIVEN TRUE RATE (BINOMIAL CDF)

Treatment Group	Subgroup Age	X Number of Subjects with sICH	N	% of subjects	Probability of observing X or more given true rate is 3%	Probability of observing X or more given true rate is 5%
A	<60 Years	1	15	7%	0.37	0.54
	>60 Years	1	35	3%	0.66	0.83
	Total A	2	50	4%	0.44	0.72
B	<60 Years	2	11	18%	<b>0.04</b>	0.10
	>60 Years	3	40	8%	0.12	0.32
	Total B	5	51	10%	<b>0.02</b>	0.11

sICH=symptomatic intracranial hemorrhage

## AES POTENTIALLY RELATED: MONITORED FOR TREND

SAFETY EVENT	TRT GROUP	EXPECTED EVENT RATE	# AT RISK	# EVENTS	RR	RR 95% CI	EVENT RATE 95% CI
NEUROLOGICAL DETERIORATION WITHIN 48 HOURS <sup>1</sup>	A						
	B						
	TOTAL	4%					

**Expected Event rate:** the rate observed in treated patients from pilot cohort studies.

**# at risk:** the number of subjects who have passed the timepoint or had safety event

**# events:** the number of subjects who have experienced the safety event

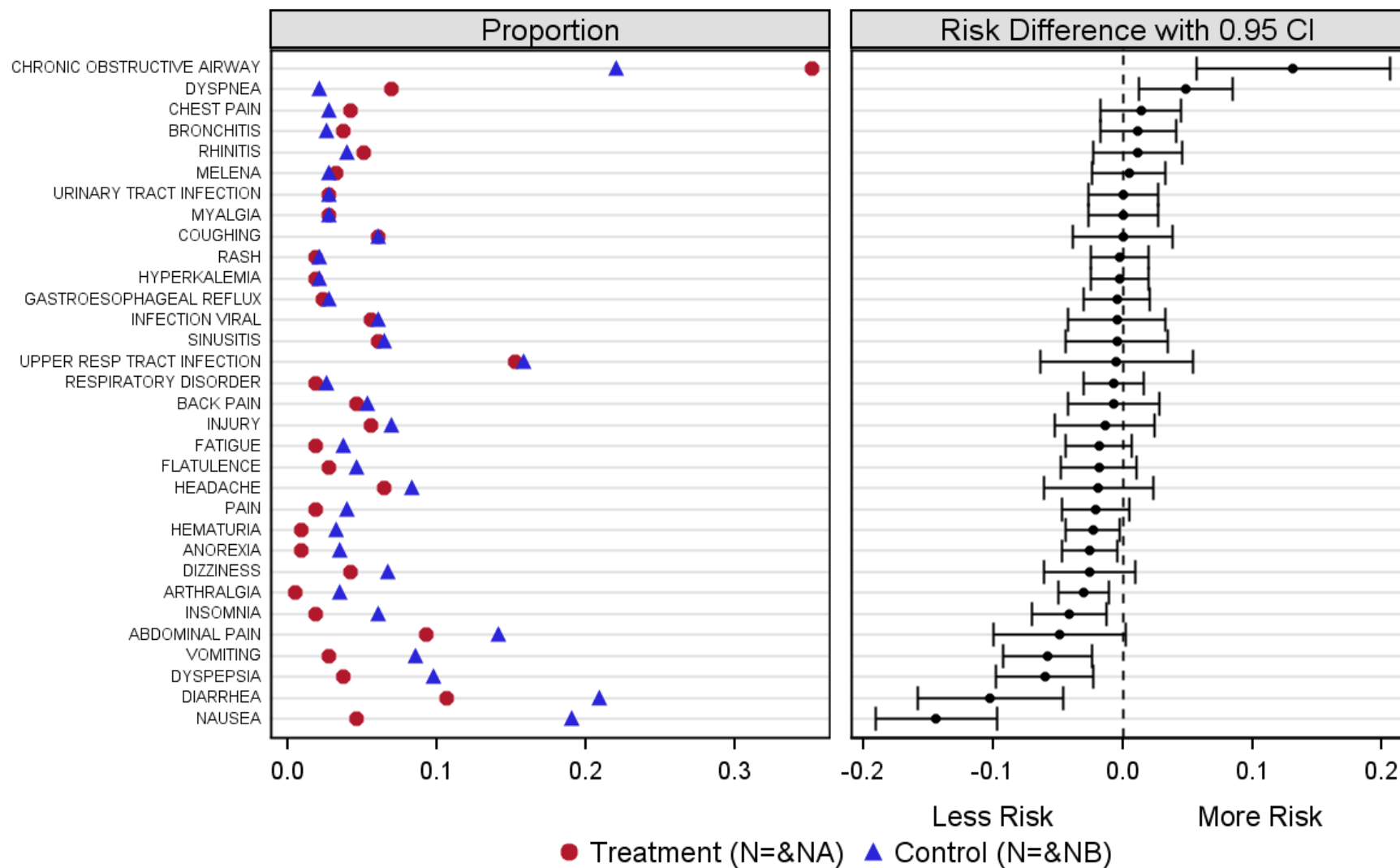
**Event proportion:**  $(\# \text{ events})/(\# \text{ at risk})$ .

**Observed time:** the sum of the person-time available for each subject.

**Event rate:**  $(\# \text{ events})/(\text{observed time})$



## Most Frequent On-Therapy Adverse Events Sorted by Risk Difference

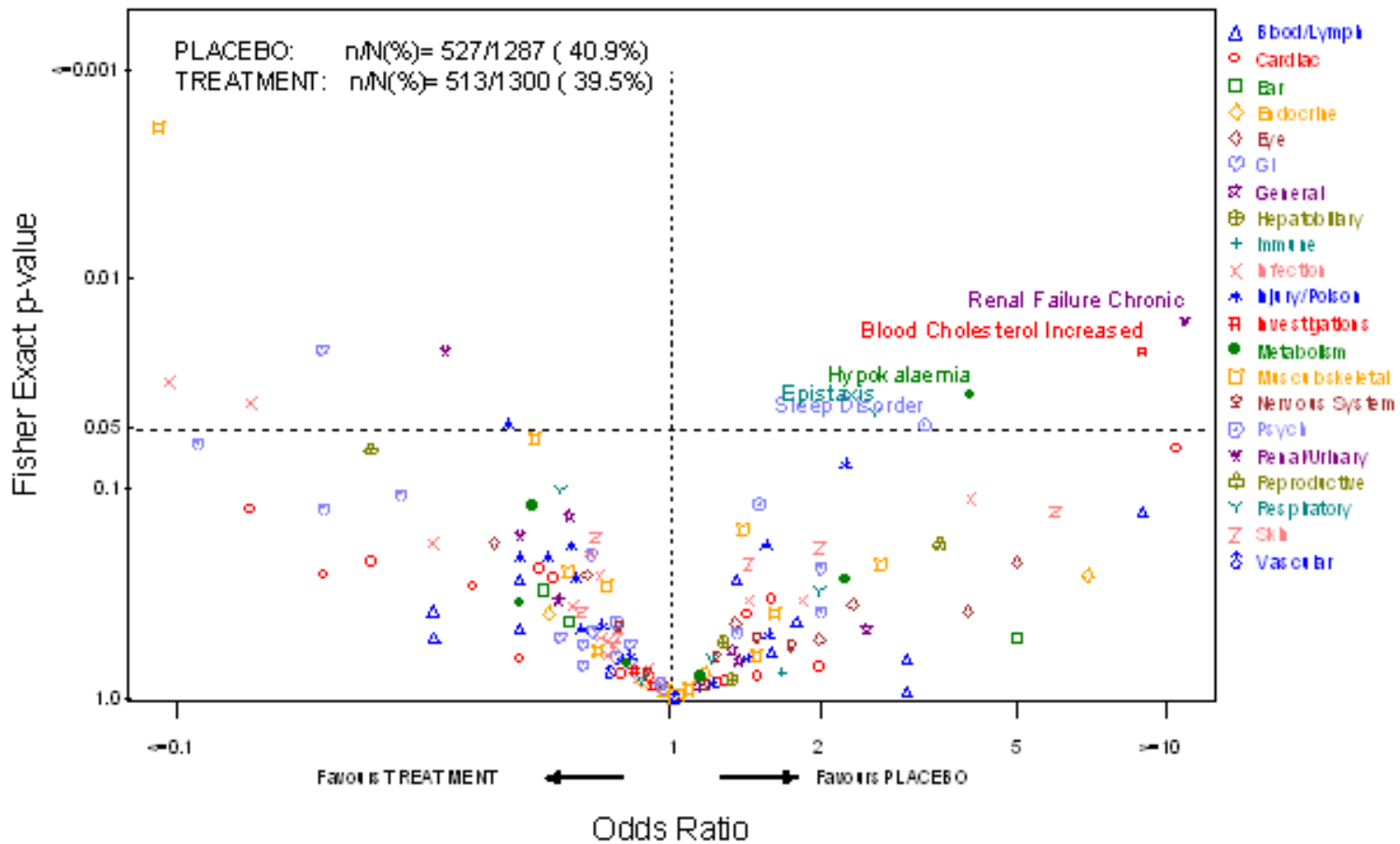


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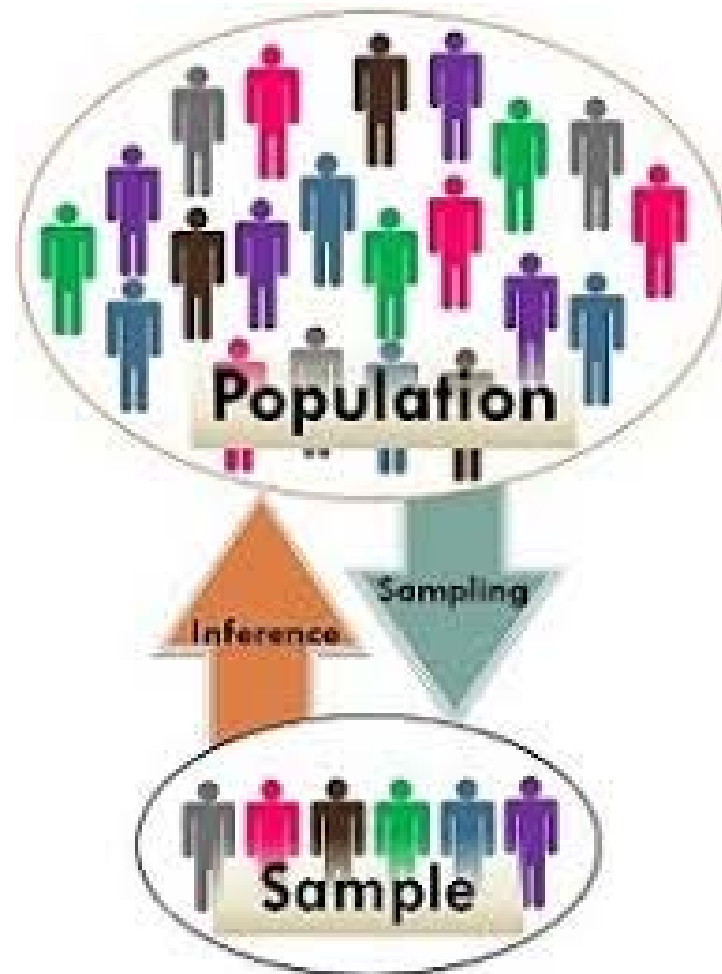
[HTTP://BLOGS.SAS.COM/CONTENT/GRAPHICALLY SPEAKING/2012/12/03/MOST-FREQUENT-AE-SORTED-BY-RELATIVE-RISK/](http://blogs.sas.com/content/graphicallyspeaking/2012/12/03/most-frequent-ae-sorted-by-relative-risk/)

# SAFETY CONCERN? VOLCANO PLOT

P-risk (Odds Ratio) Plot of Treatment Emergent Adverse Events at PT Level



# STATISTICAL QUESTIONS



## SAFETY ANALYSIS SAMPLE – “WHO”

- Include anyone who received the study drug, but only while they were on the drug (person-years or Risk Set).
- If didn't get the drug, then they can't be harmed by it. Don't use an Intent-to-Treat (ITT) sample.
- Cross-overs should analyze according to what they actually received.



## SAMPLE SIZE – “HOW MANY”

- Two group comparison?

$H_0$ : treatment=control vs  $H_A$ : treatment $\neq$ control

- One or Two sided test?

Reject null if treatment worse than control

But for rare events or a small increase in event rates, we may fail to reject the null hypothesis.

## SAFETY ANALYSIS – “HOW”

- One or two sample test
- Confidence Intervals around effect size
- Frequency of Events (%)
  - Relative Risk (ratio)  $p_A/p_B$
  - Absolute Risk Difference  $p_A-p_B$
  - Odds Ratio  $p_A/(1-p_A)/p_B/(1-p_B)$
- Hazard Ratio (time to event)
- Adjust for baseline covariates?
  - Logistic Regression
  - Log Binomial model
  - Cox PH



## MULTIPLE “LOOKS”– “HOW OFTEN”

- Will increase the likelihood of finding a statistically significant difference even if none exists
- Repeated tests → increase Type I error
- Group Sequential / Alpha-spending functions are statistical tools to protect the type I error rate (primary outcome)



## ADJUST FOR MULTIPLE COMPARISONS?

- Not trying to PROVE safety, just quantify risks, so multiplicity is less of a concern
- Worry about inflating the type I error rate (false positive rate), but not too much (uniform  $p\text{-value}=0.01$ )



# UNANTICIPATED EVENTS – “WHY”

- Sentinel events – unanticipated event resulting in death or serious physical or psychological injury to patient, not related to the natural course of the disease
- Any unanticipated or unexpected event??
  - May trigger a monitoring activity



# WHY ARE HARMS FOUND LATE?

- Rare events
- Small sample size
- Exclude people likely to be harmed
- *Use the wrong denominator*
  - *Persons at risk*
  - *Person time*
  - *Doses*
  - *ITT sample*

## SUMMARY

- Know what is expected with drug/control
- Pre-specify AEs of importance
- Group similar events/composites (collect uniformity, ,)
- Consider risk/benefit when defining stopping rules or safety criteria
- Be mindful of safety sample and multiple comparisons
- Remember that unexpected event(s) will prompt increased monitoring



# QUESTIONS



## REFERENCES

- Janet Wittes, PhD "Why are harms found late?" Biostatistics and FDA Regulation: Convergence of Science and Law, Cambridge MA, 20/May/2014  
<http://www.fdi.org/docs/biostatistics/wittes.pdf?sfvrsn=0>
- Wittes et al. *Clinical Trials* 2007; 4: 218-234.)
- Wittes, Crowe, et al . *Statistics in Biopharmaceutical Research: August 2015*